BRIAR ROSE KINDERGARTEN LTD



FREEDOM HEIGHTS

TEL: 0795965393 / 020 2345809

Email address: briarrosefreedomh@gmail.com

DAYS	TIME	MEALS
MONDAY	BREAKFAST	HOT CHOCOLATE AND SCONES
	LUNCH	YELLOW BEANS AND RICE FRUITS IN SEASON HOT CHOCOLATE AND FRUITS AT 3.00 PM
TUESDAY	BREAKFAST	HOT CHOCOLATE AND BROWN BREAD
	LUNCH	UGALI, MINCED MEAT AND VEGETABLES FRUITS IN SEASON HOT CHOCOLATE AND FRUITS AT 3.00 PM
WEDNESDAY	BREAKFAST	HOT CHOCOLATE AND SCONES
	LUNCH	RICE AND CHICKEN STEW FRUITS IN SEASON HOT CHOCOLATE AND FRUITS AT 3.00 PM
THURSDAY	BREAKFAST	HOT CHOCOLATE AND BROWN BREAD
	LUNCH	SPAGHETTI AND MINCED MEAT FRUITS IN SEASON HOT CHOCOLATE AND FRUITS AT 3.00 PM
FRIDAY	BREAKFAST	HOT CHOCOLATE AND SCONES
	LUNCH	RICE AND LENTILS FRUITS IN SEASON HOT CHOCOLATE AND FRUITS AT 3.00 PM
EVERY FRIDAY OF THE THIRD WEEK OF THE MONTH	LUNCH	CHIPS AND SAUSAGES



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DAYS	WEAR	
Monday	Official uniform	
Tuesday	Short and coloured T-shirt	
Wednesday	Official uniform	
Thursday	Full Track Suit with T-Shirt	
Friday	Official uniform	



BRIAR ROSE KINDERGARTEN LTD P.O BOX 52307 - 00100 NAIROBI

TEL: 0728345809, Email address:briarrosekindergatenltd@gmail.com

DAYS	TIME	MEALS
MONDAY	BREAKFAST	HOT CHOCOLATE AND SCONES
	LUNCH	YELLOW BEANS AND RICE FRUITS IN SEASON HOT CHOCOLATE AND FRUITS AT 3.00 PM
TUESDAY	BREAKFAST	HOT CHOCOLATE AND BROWN BREAD
	LUNCH	UGALI, MINCED MEAT AND VEGETABLES FRUITS IN SEASON HOT CHOCOLATE AND FRUITS AT 3.00 PM
WEDNESDAY	BREAKFAST	HOT CHOCOLATE AND SCONES
	LUNCH	RICE AND CHICKEN STEW FRUITS IN SEASON HOT CHOCOLATE AND FRUITS AT 3.00 PM
THURSDAY	BREAKFAST	HOT CHOCOLATE AND BROWN BREAD
	LUNCH	SPAGHETTI AND MINCED MEAT FRUITS IN SEASON HOT CHOCOLATE AND FRUITS AT 3.00 PM
FRIDAY	BREAKFAST	HOT CHOCOLATE AND SCONES
	LUNCH	RICE AND LENTILS FRUITS IN SEASON HOT CHOCOLATE AND FRUITS AT 3.00 PM
EVERY FRIDAY OF THE THIRD WEEK OF THE MONTH	LUNCH	CHIPS AND SAUSAGES

P.O BOX 52307 - 00100 NAIROBI

TEL: 0728345809, Email address:briarrosekindergatenltd@gmail.com

DAYS	WEAR
Monday	Official uniform
Tuesday	White Short with coloured T-shirt
Wednesday	Official uniform
Thursday	Full Track Suit
Friday	Official uniform



BRIAR ROSE JUNIOR SCHOOL EMAIL: briarrosejunior@gmail.com

DAYS	TIME	MEALS
MONDAY	BREAKFAST	HOT CHOCOLATE AND BROWN BREAD
	LUNCH	BEEF STEW WITH UGALI BRAISED CABBAGES FRUIT IN SEASON
	BREAKFAST	HOT CHOCOLATE WITH BUNS
TUESDAY	LUNCH	LENTILES WITH STEAMED RICE, STIR-FRY CABBAGE FRUIT IN SEASON
	BREAKFAST	HOT CHOCOLATE AND BROWN BREAD
WEDNESDAY	LUNCH	GREEN GRAMS AND CHAPATIS, STEAMED CABBAGE FRUIT IN SEASON
	BREAKFAST	HOT CHOCOLATE AND BROWN BREAD
THURSDAY	LUNCH	BEEF PILAU AND BEEF SAUCE, BRAISED CABBAGES FRUIT IN SEASON
FRIDAY	BREAKFAST	HOT CHOCOLATE AND BUNS
	LUNCH	BEANSGOULASH AND PLAIN BOILED RICE, STIR-FRY CABBAGE FRUIT IN SEASON
EVERY LAST FRIDAY OF THE MONTH	LUNCH	CHIPS & GRILLED CHICKEN SALAD FRUIT IN SEASON



BRIAR ROSE JUNIOR SCHOOL

EMAIL: briarrosejunior@gmail.com

DAYS	WEAR
Monday	Official uniform
Tuesday	Track Suit With Short / Skirt
Wednesday	Official uniform
Thursday	Full Track Suit
Friday	Official & Scouts Uniform